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# Shamati (I Heard)



## Synopsis

Among all the texts and notes of Rabbi Baruch Shalom Halevi Ashlag (the Rabash), there was one special notebook he always carried. This notebook contained the transcripts of his conversations with his father, Rabbi Yehuda Leib Halevi Ashlag (Baal HaSulam), author of the Sulam (Ladder) commentary on The Book of Zohar and of many other works on Kabbalah.

## Book Information

Audible Audio Edition

Listening Length: 12 hours & 33 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Laitman Kabbalah Publishers

Audible.com Release Date: June 5, 2012

Whispersync for Voice: Ready

Language: English

ASIN: B00893HCXS

Best Sellers Rank: #63 in Books > Audible Audiobooks > Religion & Spirituality > Judaism  
#295 in Books > Religion & Spirituality > Judaism > Kabbalah & Mysticism #841 in Books  
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## Customer Reviews

This is a rich collection of shorter teachings by the illustrious 20th century master kabbalist, Rabbi Yehuda Ashlag, author of the "Sulam" Hebrew translation-commentary on the Zohar. These teachings were preserved by Rav Ashlag's son, the late Rabbi Baruch Shalom Ashlag, of blessed memory, in a notebook which was later published by his student, Rabbi Dr. Michael Laitman. The book is tastefully designed and typeset, no doubt with great effort on the part of the team involved. However, the text reads like it was translated by someone for whom English is a second language. To me, this made it difficult to read and to follow. So I bought the Hebrew original, which is a combination of rabbinic Hebrew (lashon hakodesh) and modern Hebrew (Ivrit). If one can go straight to the original, I would recommend that he or she do so. I'm sorry to say this, because the book is a deep and important work, but it is also an example of the Talmudic Sages' remark that "all beginnings are difficult." I hope that the Bnei Baruch publishing society will create a more successful revised edition someday.

At the moment & I think for some time, I am unable to give a coherent review of this wonderful & incredibly profound & holy book. I am still working on it & no doubt always will be. But it gave me a well aimed kick up the backside as well as providing me with much assistance to raise myself if I take advantage of that. Amazing! Currently, I am only up to using it in small chunks to read slowly & ponder on carefully as it is so "dense" (& that is no criticism). I found it very helpful how Hebrew words were followed by the English translation. This saved me a lot of work & I could get straight away into considering the meaning of what the author was saying. Much recommended to those who are drawn to it & "ready". This is no ordinary book.

Excellent!

Hard to apply words to this cherished notebook. It truly is learning from a Teacher of Teachers. Even though I am unable yet to hear a fraction of all the Rav heard, this is \*the\* resource for learning, not practices or methods, but essential concepts. It needs learning over and over in small amounts, yet it is astonishingly accessible.

Kabbalah leads to truth! This one among others from the same source.

Wonderful product at a REALLY good price!

I will be reading this over many times. There is a lot in here to grasp, and i will not be able to do that in 1 or 2 readings. I personally like material like this that cause me to study, learn and grow. Not at all disappointed in this.

A great book to aid your ability to meditate on higher levels of consciousness.

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